

Dear Bridge Jr. High Parents/Guardians:

This school year, Bridge students will be receiving Health Education in a classroom setting as part of the Physical Education program. Comprehensive and Coordinated Health Education (CCHE) enables students to establish and practice health-enhancing behaviors over a lifetime in order to become healthy, successful adults. Topics that are discussed include: Personal Health & Wellness, Physical Activity/Exercise, Healthy Eating/Nutrition, and Sexual Health.

The Board acknowledges that parents/guardians are the primary sexuality educators for their child/children. Bridge Junior High School is committed to partnering with you to provide supplementary instruction to students via the sexual health education lessons.

Please find attached the detailed scope and sequence for the CPS Sexual Health Education Curriculum. This document includes the lesson titles and information about each lesson for every grade level.

For any comments, questions, or concerns, please do not hesitate to contact me at [mjraher@cps.edu](mailto:mjraher@cps.edu).

Sincerely,

Mr. Raheer  
Bridge Junior High School  
Physical Education & Health Education Teacher